weekly expenditure on foodstuffs which must be incurred by families of varying size if health and working capacity are to be maintained, and to construct specimen diets. Some consternation was caused when this committee, basing its calculations on a 'normal adult male requiring a daily food intake productive of 3,400 calories', arrived at a minimum weekly expenditure on foodstuffs which considerably exceeded what would be practicable for a family subsisting on unemployment benefit, and for many families whose bread-winner was in full-time employment.[27]

A more moderate estimate was hurriedly prepared by the National Advisory Commission on Nutrition, which reached the satisfying conclusion that 'all except a relatively small section of the population are obtaining the full amount of calories they require.' Quite a battle raged between protagonists of these rival estimates, though without, as far as could be seen, the daily food intake of anyone being appreciably affected, unless of those concerned in the controversy, who may have become heated in argument, and therefore have required some extra nourishment to make good the calories expended.

If the under-nourished soon got forgotten in the excitement of deciding what was the measure of their under-nourishment, Nutrition continued to receive attention. The League of Nations discussed it, a committee reporting that certain specified 'protective foods' were required, 'particularly in countries with Western civilisation, if there is to be the necessary physical strength and health'; the Gas Light and Coke Company made it the subject of a film; and sevenpenny, and even fivepenny,

lunches were produced with oatmeal and herrings for their chief

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dwellers when he removed his, to them, offensive neck-wear. When they saw his stud, they opened their hearts.

[27] For instance, a man, wife and three children whose ages ranged between one and ten years, needed to spend 2os. o^d. per week to charge themselves with the requisite number of calories. See also *Food, Health and Income,* a survey by Sir John Orr 'of adequacy of diet in relation to income', according to which the average diet of *4*| millions of the population is 'deficient in every respect*, and of 18 millions shows vitamin and mineral deficiency.